

Indigenous Studies Pre-Requisite Requirement

Beginning with the 2025 application cycle (for 2026 admission), applicants to the Master of Physician Assistant Studies (MPAS) program must have an Indigenous studies prerequisite completed. The approved 3 credit unit course or equivalent course must have a focus on teaching the historical context and effects of colonialism on Indigenous peoples in Canada.

At the time of application, applicants will be expected to have a plan in place for completion of the Indigenous studies pre-requisite. Applicants will be required to enter the course information (institution, course number, course name, start date and completion date) on their application. As the successful completion of an approved course will be a **condition of any offer of admission**, applicants must have successfully completed the approved course by **April 30, 2026**. If the condition is not met, the offer of admission will be revoked.

For a course to be considered towards meeting this requirement, the course must be listed on this document. It is imperative that applicants review the list of approved courses to ensure that they have met the requirement. If an applicant has already completed or has plans to take a course that is not on the list, they need to immediately email mpas.admissions@usask.ca clearly outlining course details (institution, course number, course description, start date, and a link to the course syllabus or attach a PDF of the course syllabus to your email) prior to the application deadline to ensure approval of the course.

For applicants that have completed their undergraduate degree and are enrolled in a graduate program or are not attending a post-secondary institution, a certificate of successful completion from the Indigenous Canada course offered by the University of Alberta **OR** Building an Awareness of Cultural Humility course offered by the University of Saskatchewan will meet the prerequisite requirement for the 2025 application cycle.

Please note that the above-mentioned courses may have limited start dates and a formal certificate confirming successful completion will be required.

Below is a list of courses that meet the Indigenous studies requirement. We will continue to update this list as suitable courses are identified.

Eligible Courses

University of Saskatchewan

- [ANTH 202.3](#) Anthropological Approaches to Aboriginal Research in Canada
- [ANTH 480.3](#) Indigenous Peoples and Mental Health Anthropological and Related Perspectives
- [CHEP 819](#) Colonization and its Impact on Indigenous Peoples' Health and Healing

- [HIST 195.3](#) History Matters Indigenous Perspectives on Canadian History
- [HIST 266.3](#) History Wars Issues in Native Newcomer Relations
- [INDG/NS 107.3](#) Introduction to Canadian Indigenous Studies
- [LING 253.3](#) Indigenous Languages of Canada
- [PLAN 445.3](#) Planning with Indigenous Communities
- [POLS 222.3](#) Indigenous Governance and Politics
- [KIN 306.3](#) Introduction to Indigenous Wellness
- [INDG - 200-Level, 300-Level, 400-Level](#)
- [SOC 341](#) Institutional Racism and Indigenous People
- [LAW 436](#) Aboriginal Law

University of Regina

- [INHS 100](#) Introduction to Indigenous Health Studies I
- [KIN 105](#) Indigenous Health & Sport – Historical
- [SOC 214](#) Sociology of Indigenous Peoples in Canada
- [JS 350](#) Justice and Indigenous Peoples

First Nations University of Canada

- [INDG 100](#) Introduction to Indigenous Studies
- [INDG 262](#) Reconciliation and Indigenous Resurgence in Canada
- [INDG 228](#) Indigenous History Within Canada: Eastern Canada
- [INDG 229](#) Indigenous History Within Canada: Western Canada
- [INHS 100](#) Introduction to Indigenous Health Studies I
- [INHS 101](#) Introduction to Indigenous Health Studies II

Athabasca University

- [INST 203](#) Indigenous Studies
- [INST 369](#) Indigenous Peoples in Canada Since 1830
- [INST 420](#) Indigenous Resistance

Brandon University

- [68: 151](#) Introduction to Native Studies I

Brock University

- [INDG 4P84](#) Indigenous Peoples and Social Justice: Contemporary
- [MPHA 516](#) Colonization, Reconciliation and Indigenous Health

Canadian Mennonite University

- [INDS 1050](#) Indigenous Peoples of Canada

Carleton University

- [INDG 1010](#) Indigenous Ways of Knowing
- [RELI 2720](#) Indigenous Religions of Canada

Concordia University of Edmonton

- [INDG 100C](#) Introduction to Indigenous Studies
- [SOC 204A](#) Aboriginal Societies in the Canadian Context

Confederation College

- [SY 066](#) Sociology of Community: The Indigenous Context

College of New Caledonia

- [ABST 100](#) Aboriginal Studies

Dalhousie University

- [HLTH 2201](#) Introduction to Indigenous Peoples' Health and Healing
- [INDG 3052](#) Indigenous Social Health and Environmental Issues
- [IPHE 2201](#) Introduction to Aboriginal Peoples' Health and Healing
- [INDG/HIST 2205](#) Historical Issues in Indigenous Studies

Lakehead University

- [INDI 2301](#) Indigenous Peoples in Canada

Lakeland College

- [NS 111](#) Contemporary Perspectives in Native Studies

Laurentian University

- [INDI 1501EL](#) Indigenous Peoples of Canada
- [IRNH 6306](#) Perspectives on Indigenous Health and Wellness

MacEwan University

- [ANTH 250](#) Introduction to Canadian Indigenous Peoples
- [INDG 200](#) Indigenous Studies
- [SOWK 302](#) Indigenous Knowledge

McGill University

- [INDG 200](#) Introduction to Indigenous Studies
- [INDG 202](#) Topics in Indigenous Studies 1 - Indigenous Healing Traditions (2023)

McMaster University

- [HLTHATE 3YY3/ANTHROP 3Y03](#) Indigenous Community Health and Well Being

- [INDIGST 1A03](#) Introduction to Indigenous Studies
- [INDIGST 1AA3](#) Introduction to Contemporary Indigenous Studies
- [INDIGST 1B03](#) Reconciling What? Indigenous Relations in Canada
- [N31H3](#) Introduction to Indigenous Health Policy and Practice

Memorial University

- [ARCH 2482](#) Indigenous Peoples and the Struggle for Self-determination
- [ARCH-HIST 3525](#) Aboriginal History from 1763
- [HIST 2800](#) Indigenous Peoples and Colonization

Mount Allison University

- [INDG 1001](#) Introduction to Indigenous Studies

Mount Royal University

- [GNED 1202-011](#) Texts and Ideas: Indigenous Voices
- [INST 1101-02](#) Introduction to Indigenous Studies: The Canadian Context

Queen's University

- [DEVS 220](#) Introduction to Indigenous Studies
- [DEVS 221](#) Indigenous Studies II
- [INDG 101](#) Foundations in Indigenous Knowledges and Perspectives

Selkirk College

- [INDG 302](#) Indigenous Health and Healing

Simon Fraser University

- [INDG 101](#) Introduction to Indigenous Studies

St. Francis Xavier University

- [NUR 303](#) Indigenous Perspectives of Health and Healing

St. Thomas University

- [NATI 2303](#) Science, Ethics and Native People

Trent University

- [IESS 1001H](#) Foundations in Indigenous Environmental Studies and Sciences
- [INDG 2002H](#) Indigenous Peoples and Resurgence

Toronto Metropolitan University (formerly Ryerson University)

- [CINT 923](#) Canada's Story: An Indigenous Perspective

Trinity Western University

- [SOCI 395/ANTH 395](#) Indigenous People in Canada

University Of Alberta

- [NS 201](#) Indigenous Canada: Looking Forward/Looking Back
- [NS 161](#) Countering Stereotypes of Indigenous Peoples
- [NURS 222](#) Indigenous Health in Canada

University of British Columbia

- [ANTH 220](#) Contemporary Indigenous Issues in British Columbia
- [ECED 442 \(63A & 93Q\)](#) Early Childhood Education: Supporting Indigenous Infants & Young Children within the Context of Their Communities
- [EDST 545](#) Indigenous Inquiry and Research
- [EDUC 440](#) Indigenous Education in Canada
- [HINT 408/508](#) Cultural Safety in Health: Indigenous Perspectives
- [INDG 100 002](#) Introduction to Decolonization
- [PHRM 323](#) Pharmaceutical Care in Indigenous Health
- [SOCI 220](#) Sociology of Indigenous Peoples
- [SPPH 404](#) Indigenous Health: Historical Impacts and Contemporary Approaches
- [SURG 518](#) Surgical Care in Canada's Rural and Remote Indigenous Communities

University of Calgary

- [INDG 201](#) Introduction to Indigenous Studies
- [INDG 303](#) Indigenous Ways of Knowing and Being
- [SOCI 307](#) Sociology of Indigenous People of Canada

University of Guelph

- [ANTH 2660](#) Contemporary Indigenous Peoples in Canada
- [INDG 1000](#) Indigenous – Settler Relations

University of Lethbridge

- [HLSC 2300](#) Introduction to Aboriginal Health
- [INDG 1000](#) Introduction to Indigenous Studies
- [INDG 1010](#) Core Concepts and Theories in Global Indigenous Studies
- [INDG 2500/NAS 2500](#) Indigenous Histories of Canada

University of Manitoba

- [INDG 1200](#) Indigenous Peoples in Canada
- [INDG 1220](#) Indigenous Peoples in Canada, Part 1
- [INDG 1240](#) Indigenous Peoples in Canada, Part 2
- [INDG 2012](#) Indigenous History in Canada
- [INDG 2020](#) The Métis of Canada
- [NATV 1220](#) Indigenous Peoples in Canada, Part 1
- [NATV 1240](#) Indigenous Peoples in Canada, Part 2

University of New Brunswick

- [ABRG 1002](#) Introduction to Indigenous Studies
- [NURS 1324](#) Indigenous Perspectives on Health and Wellness

University of Northern British Columbia

- [FNST 100](#) The Aboriginal Peoples of Canada

University of Ottawa

- [EAS 1101](#) Introduction to Indigenous Studies
- [EAS 2101](#) Colonialism and Indigenous Peoples
- [EAS 2110](#) Selected Topics in Indigenous Studies I
- [ENG 1140](#) Introduction to Indigenous Literatures

University of Prince Edward Island

- [IKE 1040](#) Indigenous Teachings of Turtle Island

University of the Fraser Valley

- [IPK 102](#) Introduction to Indigenous Peoples Knowledges

University of Toronto

- [ANT241H5F](#) Anthropology and Indigenous Peoples of Turtle Island in Canada
- [CTL 7073](#) Indigenous Experiences of Racism and Settler Colonialism in Canada: An Introduction
- [EDS250H5F](#) Indigenous Education
- [GGRC28H3 S](#) Indigenous Peoples, Environment and Justice
- [HLTC48H3 S](#) Indigenous Women's Health
- [INS200H1F](#) Introduction to Indigenous Truth and Resilience
- [INS205H1](#) Indigenous Worldviews, Spiritual and Healing Traditions
- [KPE 200](#) Physical Culture and the Human Condition
- [SOC 228H5](#) Introduction to Indigenous Studies
- [SOC 339H5](#) The Indian Act: Canadian Law, Sovereignty and Indigenous Women

University of Victoria

- [ANTH 336](#) Contemporary Indigenous Issues in Canada
- [ED-D 419](#) Introduction to Indigenous Approaches to Helping and Healing
- [IS 201](#) Introduction to Indigenous Studies
- [SOCI 103](#) Settler Colonialism and Canadian Society

University of Waterloo

- [INDG 201](#) The Indigenous Experience in Canada

University of Winnipeg

- [HIST 1006](#) Indigenous History to 1900: Origins, Contact, Colonialism
- [HIST 1007](#) Indigenous History since 1900: Racism, Resistance, Renewal
- [HIST 1008](#) Indigenous Genocides in North American History
- [IS 1017-050](#) Introduction to Indigenous Studies: Politics and Governance

Western University

- [IS 1020E](#) Introduction to Indigenous Studies
- [IS 2210F](#) Indigenous Peoples & Canadian History
- [IS 2218F/2218G](#) Contemporary Indigenous Issues
- [IS 2251G](#) Indigenous Healthcare Spaces
- [IS 2412F](#) Indigenous Health and Healthcare Environments
- [IS 2601](#) Indigenous Environments
- [MPH 9008B](#) Indigenous Health
- [N3456A/B \(and APPLHSCI 9005\)](#) Indigenous Health: The Influence of Policy and Practices

Wilfred Laurier University

- [HE 304](#) Introduction to Indigenous Health and Wellbeing
- [EM-101](#) Images of Education in Media

York University

- [AP/HREQ 1960](#) Indigenous Resistance in Global Contexts
- [KINE 4315](#) Aboriginal Physical Activity and Community Health

Courses Deemed Ineligible

University of Saskatchewan

- LAW 232

University of Winnipeg

- HIST 3519

Trent University

- INDG/ENGL/CAST 3481H

Dalhousie University

- BIOL 4004

**** For applicants that have completed their undergraduate degree and are enrolled in a graduate program or are not attending a post-secondary institution, the option of Indigenous Canada (University of Alberta via Coursera) or Building an Awareness of Cultural Humility (USask) or Role of Practitioners in Indigenous Wellness (USask) certificates are approved for the current application cycle. Please see Applicant Information document for further details.**